

DEPARTMENT OF PSYCHIATRY

**Building on a legacy of
clinical innovation**



**Mount
Sinai**

Message from the Department of Psychiatry Leadership

It is with great pleasure that we bring you up to speed on our department's activities over the last year. Our faculty and clinicians have been exceptionally productive in delivering phenomenal patient care, obtaining new grants, and recruiting and training the next generation of outstanding psychiatrists.

We continue to lead in clinical innovation—we are building a one-of-a-kind, transformational Comprehensive Behavioral Health Center in downtown Manhattan. This patient-centered, “one-stop” facility for the mental health, substance use, physical health, and social service needs of our community will consolidate all of our downtown Manhattan behavioral health services as well as add critical new services under one roof. From new crisis and respite services to specialized intensive outpatient services and primary care services, the Center will create an integrated continuum of care for the neighborhood, and will establish a groundbreaking new model of behavioral health care delivery.

In quality performance, our inpatient psychiatric services have among the highest national performance ratings in various CMS quality measures. These include some of the lowest rates for restraint, seclusion, and unjustified antipsychotic polypharmacy, and some of the highest rates for alcohol/drug screening and intervention as well as metabolic monitoring for people on antipsychotics.

As for research, in 2019 our faculty published more than 700 articles with more than 1,200 citations and more than 14,000 downloads. Fourteen new research faculty joined the department, and more than 100 faculty members applied for grant funding this year. According to the most recent available data (2019), we were ranked #4 in National Institutes of Health (NIH) funding for psychiatry in the country. According to the last available data, 40% of all submitted grants were funded, and our total portfolio increased to \$55 million, with more than 180 active grants.

Our residency program (now ranked #14 in the country) continues to recruit superb residents, many of whom have been elected to the Alpha Omega Alpha and Gold Humanism Honors Societies, and two of whom were awarded NIH R02 supplements. Our physician-scientist track had another successful year with recruits hailing from Mount Sinai and Yale, and with our R25 grant renewal, we resumed recruitment into our unique combined residency-PhD program. Our team of residents and medical students won the grand prize at the Psychiatry Innovation Lab at the 2019 APA Annual Meeting for their concept of “Medimmunity,” an online platform that helps medical students and residents connect and help each other survive the stress of medical training.

We are proud of our department's continued expansion and achievements, and look forward to what the next decade will bring.



René S. Kahn, MD, PhD

Chair, Department of Psychiatry, Mount Sinai Health System

Esther and Joseph Klingenstein Professor of Psychiatry, Icahn School of Medicine at Mount Sinai



Sabina Lim, MD, MPH

Vice President and Chief of Strategy, Behavioral Health, Mount Sinai Health System

Professor of Psychiatry, Icahn School of Medicine at Mount Sinai

TOP PAPERS



Sophia Frangou, MD, PhD, published in *JAMA Psychiatry* on shared neural phenotypes for mood and anxiety disorders: a meta-analysis of 226 task-related imaging studies.



René Kahn, MD, PhD, published in *Nature Genetics* on comparative genetic architectures of schizophrenia in East Asian and European populations.



Eric Nestler, MD, PhD, published in *Nature Neuroscience* on transcriptional profiles that underlie stress resilience.

FACULTY HONORS



Marianne Goodman, MD, was honored by Congressman Jose E. Serrano (D-NY) with a flag flown over the U.S. Capitol for her work in suicide prevention in veterans.



Panagiotis Roussos, MD, PhD, was awarded the Bodossaki Scientific Prize from the President of Greece for his work in psychiatric genomics.



Rachel Yehuda, PhD, was elected to the National Academy of Medicine for her work in the neurobiology of PTSD.

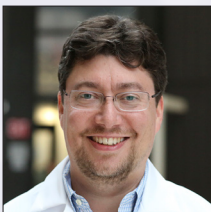
NEW PROGRAMS



Veerle Bergink, MD, PhD, created the Women's Mental Health Program—a collaborative model to treat psychiatric conditions before, during, and after pregnancy.



Timothy Brennan, MD, started an Inpatient Addiction Consultation and Evaluation Service for general clinicians treating patients with addiction.



James Murrough, MD, PhD, established a Treatment-Resistant Depression Program featuring a suite of treatment options, including esketamine, IV ketamine, and rTMS.

RESIDENT HONORS



Jessica Ables, MD, PhD, was selected as one of 12 Laughlin Fellows by the American College of Psychiatrists.



Youngjung Kim, MD, PhD, was one of 10 psychiatry trainees nationwide awarded the APA/APAF Leadership Fellowship.



Naomi Weiss-Goldman, MD, was one of 5 George Ginsberg Fellowship recipients via the American Association of Directors of Psychiatric Residency Training.

MOUNT SINAI'S DEPARTMENT OF PSYCHIATRY

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#4 IN NIH FUNDING FOR PSYCHIATRY

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FACULTY IN THE NATIONAL ACADEMY OF MEDICINE

|
45

NEW FACULTY MEMBERS

|
700

MORE THAN 700 PAPERS PUBLISHED

|
1,300,000

OUTPATIENT VISITS

|
\$55,000,000

IN ACTIVE GRANTS

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